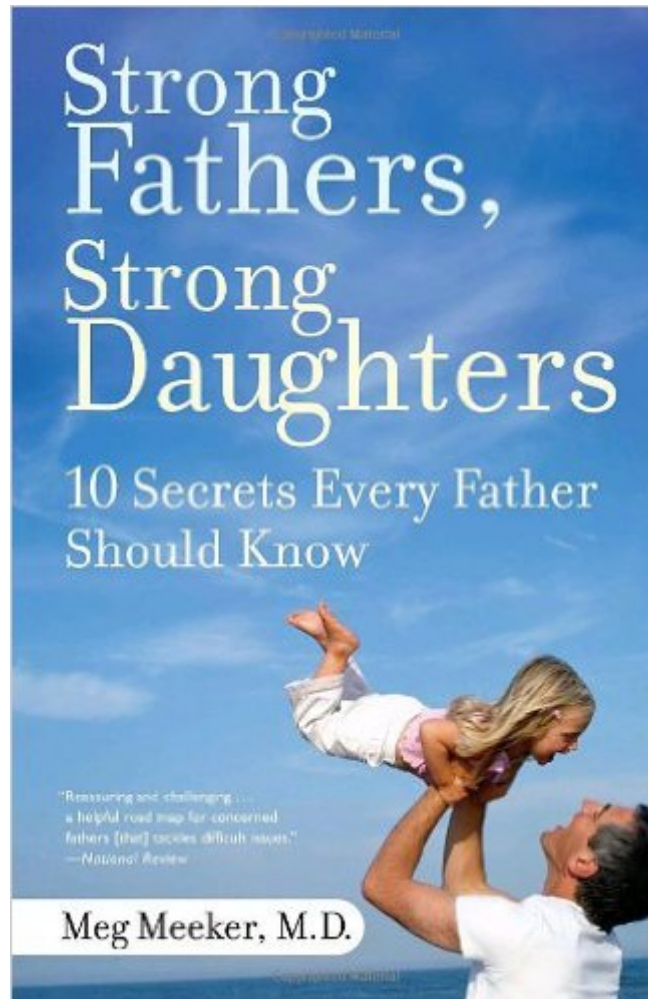


The book was found

Strong Fathers, Strong Daughters: 10 Secrets Every Father Should Know



Synopsis

In today's increasingly complicated world, it's often difficult for parents to connect with their daughters—and especially so for fathers. In this unique and invaluable guide, Dr. Meg Meeker, a pediatrician with more than twenty years' experience counseling girls, reveals that a young woman's relationship with her father is far more important than we've ever realized. To become a strong, confident woman, a daughter needs her father's attention, protection, courage, and wisdom. Dr. Meeker shares the ten secrets every father needs to know in order to strengthen or rebuild bonds with his daughter and shape her life—and his own—for the better. Inside you'll discover: the essential virtues of strong fathers and how to develop them the cues daughters take from their dads on everything from self-respect to drugs, alcohol, and sex the truth about ground rules (girls do want them, despite their protests) the importance of becoming a hero to your daughter the biggest mistake a dad can make—and the ramifications the fact that girls actually depend on their dad's guidance into adulthood steps fathers can follow to help daughters avoid disastrous decisions and mistakes ways in which a father's faith—or lack thereof—will influence his daughter essential communication strategies for different stages of a girl's life true stories of prodigal daughters—and how their fathers helped to bring them back Dads, you are far more powerful than you think—and if you follow Dr. Meeker's advice, the rewards will be unmatched. Reassuring and challenging . . . a helpful road map for concerned fathers [that] tackles difficult issues. "National Review" A touching, illuminating book that will prove valuable to all of us who are fortunate enough to have been blessed with daughters. "Michael Medved, nationally syndicated radio talk-show host, author of Right Turns" Dr. Meeker's conclusions are timely, relevant, and often deeply moving. No one interested in what girls experience growing up in our culture today—and the impact that parents, especially fathers, have on the experience—can afford to miss reading this book. "Armand M. Nicholi, Jr., M.D., professor of psychiatry, Harvard Medical School

Book Information

Paperback: 288 pages

Publisher: Ballantine Books; 4620th edition (August 28, 2007)

Language: English

ISBN-10: 0345499395

ISBN-13: 978-0345499394

Product Dimensions: 5.2 x 0.5 x 8 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars Â Â See all reviews Â (970 customer reviews)

Best Sellers Rank: #2,176 in Books (See Top 100 in Books) #3 in Â Books > Parenting & Relationships > Parenting > Parenting Girls #5 in Â Books > Parenting & Relationships > Family Relationships > Fatherhood #377 in Â Books > Health, Fitness & Dieting

Customer Reviews

The more you know; the more you know you don't know. This is a powerful book for fathers who are already great Dads... It will validate who you are and encourage you to keep doing what you are doing. It will help forge your mind around your absolute responsibilities as the father of a girl and young lady. It will remind you that baby girls, young ladies, and women have only ONE Daddy. I have read other father/daughter books, including Dr. Leman's book (which I also recommend in another review). Like all advice, one must temper the input from outside sources. Dr. Leman and Dr. Meeker's books, however, are treasures that you can simply gorge yourself on... without regard to having to sift the psychobabble and tenuous opinions with little research and/or validity. Dr. Meeker's book, in particular, is superlative from the standpoint of a no-holds barred, in-your-face reality check of the awesome responsibilities associated with being your daughter's Daddy. Whereas Dr. Leman's book was more of a semi-autobiographical and quasi-emotional journey of the Daddy-daughter relationship, Dr. Meeker's book is much more robust, profound, and, in some case, quantitatively advanced. Best of all, though, Dr. Meeker is a daughter; a former girl; a woman; and a doctor. She has lived the life of a Daddy's girl (not the spoiled type - but, rather, the type who can look back upon her youthful Daddy interactions with fond appreciation). She has also lived the life of a doctor who has talked with, counseled, and commiserated with many, many girls and young ladies... THIS is an insight worth a King's ransom. This book is very, very special. If you want to understand the touchy-feely side of how a Daddy affects his daughter's life, buy Dr. Leman's book.

I was dumbfounded when I read (the few) negative reviews of this book. It's unbelievable what some people will delude themselves into believing when the truth doesn't fit their agenda. If you're the kind of parent that thinks it's ok to let your 15 year old daughter's boyfriend spend the night with her in her room in your house "because it's safer and at least you know where they are", this book IS NOT for you. You have already made your (and her) bed and you will both have to lie in it and live with the consequences for the rest of your lives. However, if you cherish and value your daughter's innocence, positive attitude (that they are *all* born with until the world crushes it from

them), love of life and bright, happy, healthy smile, this book IS for you. If you want her to grow up emotionally healthy and able to face the pressures that our parents never knew and therefore didn't know how to equip *us* to deal with, read this book, it will tell you how. This book will give mothers and fathers alike a crystal clear understanding of the emotional consequences (forget the medical consequences) of having sex too early and with too many partners and how to help your daughter stave off pressure. You can ignore and deny the consequences but that will not change the feelings of worthlessness and yes, downright depression, that your daughter will feel if you, her parents, do not protect her from the onslaught that is our sexually charged society made up of hormonal teen (and pre-teen) boys who believe it is their right to take your daughter's innocence and your daughter's female friends that will tease her and call her a prude and a geek if she doesn't "give it up" to the guy she's been "dating" for a month.

[Download to continue reading...](#)

Strong Fathers, Strong Daughters: 10 Secrets Every Father Should Know Strong Fathers, Strong Daughters What Every Student Should Know About Citing Sources with APA Documentation (What Every Student Should Know About...) What Every 6th Grader Needs to Know: 10 Secrets to Connect Moms & Daughters (What Every Kid Needs to Know) (Volume 1) Stuff Every Man Should Know (Stuff You Should Know) 13 Modern Artists Children Should Know (Children Should Know) 52 Things Daughters Need from Their Dads: What Fathers Can Do to Build a Lasting Relationship The Covenant (Abram's Daughters Book #1) (Abram's Daughters) The Multi-Orgasmic Woman: Sexual Secrets Every Woman Should Know The Elements of Journalism, Revised and Updated 3rd Edition: What Newspeople Should Know and the Public Should Expect We Are Daughters of Our Heavenly Father: Striving to Live the Young Women Values The Language of Architecture: 26 Principles Every Architect Should Know Philadelphia and the State of Pennsylvania:: Cool Stuff Every Kid Should Know (Arcadia Kids) Raleigh and the State of North Carolina:: Cool Stuff Every Kid Should Know (Arcadia Kids) 97 Things Every Programmer Should Know: Collective Wisdom from the Experts Doc Halligan's What Every Pet Owner Should Know: Prescriptions for Happy, Healthy Cats and Dogs What Every Middle School Teacher Should Know, Third Edition Facts About Menstruation That Every Woman Should Know I'm Not in the Mood: What Every Woman Should Know About Improving Her Libido What Every American Should Know about Women's History: 200 Events That Shaped Our Destiny

[Dmca](#)